

Daily Living Guide for Foreign Residents



Kaga City

Welcome to Kaga City

Kaga City is the southernmost city in Ishikawa, located right next to Fukui prefecture. Known as a tourist location for hot springs since old, it is home to Yamashiro Onsen, Yamanaka Onsen, and Katayamazu Onsen. It is also home to prosperous mechanical and confectionery manufacturing industries.

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|----------------|---|
| Population | 66,801 (2019/06/01) |
| Area | 306.00 km ² |
| Transportation | JR Around 2.5 hours from Osaka Airplane Around 1 hour from Tokyo (via Komatsu airport) |
| Homepage | https://www.city.kaga.ishikawa.jp/ ※Automatic translation function available (English, Chinese, Korean) |

Guide to City Hall

◆City Hall Main Office

Ni-41 Minamicho Daishoji, Kaga, Ishikawa, Japan 922-8622

TEL 0761-72-1111 Monday-Friday 8:30AM-5:15PM



◆Branch and Sub-Branch Offices

※Some city services can be performed at branch and sub-branch offices.

Hours of Operation Monday~Friday 8:30AM~5:15PM

• Yamanaka Onsen Branch Office Kaga City, Yamanaka Onsen, Yunode-machi, Ta-33-banchi

TEL 0761-78-1111

• Yamashiro Sub-branch office Kaga City, Yamashiro Onsen, Yamasedai 1-chome, 60-banchi

TEL 0761-77-0360

• Katayamazu Sub-branch Office Kaga City, Katayamazu Onsen, 7-no-1-banchi-1

TEL 0761-74-0047

• Iburihashi Sub-branch Office Kaga City, Iburihashi-machi, Ho-15-banchi-1

TEL 0761-74-6571

• Hashitate Sub-branch Office Kaga City, Hashitate-machi, Ro-357-banchi-1

TEL 0761-72-7062

Certificates of Residence, Family Register, Notifications

Please be sure to notify the city hall whenever you move, marry, get pregnant, or give birth. When you do, please be sure to bring your passport, driver's license, or some other official identification with you.

Notification of Moving In, Moving Out, or Changing Residence

■Enquiries: Citizen Affairs Section TEL 0761-72-7881

Please notify the city hall when you do any of the following: Moving In (Moving to Kaga City from another city, town or village) • Moving Out (Moving from Kaga City to another city, town, or village) • Changing Residence (Moving to a different residence within Kaga City)

Notification of Moving Out→ You can notify up to 14 days prior to moving.

Notification of Moving In→ You must notify within 14 days of moving in.

Notification of Changing Residence→ You must notify within 14 days of moving to your new home.

Notification of Birth, Marriage, Divorce or Death

■Enquiries: Citizen Affairs Section TEL 0761-72-7880

Please notify the city hall when you get married, have a child, get divorced, or when a friend or family member passes away.

Notification of Marriage→ You must notify the city hall when you get married

Notification of Divorce→ You must notify the city hall when you get divorced.

Notification of Birth→ You must notify the city hall within 14 days of giving birth, including the day the child is born.

Notification of Death→ You must notify the city hall within 7 days (3 months if they passed away in another country) upon learning that the person has passed away.

Residence Card, Special Permanent Resident Certificate

■Enquiries: Citizens Affairs Section TEL 0761-72-7881

A foreign residence card is a form of identification distributed by the Regional Immigration Administrative Offices to foreign residents who have received approval to temporarily reside in Japan. Special Permanent Residents receive a Special Permanent Resident Certificate.

●Where to go for various procedures:

| Procedure | Application and/or Collection of Foreign Residence Card, Special Permanent Resident Certificate | Changing Details on Foreign Residence Card, Special Permanent Resident Certificate | Notification of Change of Address |
|---|---|---|--------------------------------------|
| Special Permanent Resident | City Hall Citizen Affairs Section | City Hall Citizen Affairs Section | City Hall Citizen Affairs Section |
| Foreign Residents with Other Qualifications | Regional Immigration Bureau Branch Office | Regional Immigration Bureau Branch Office | City Hall Citizen Affairs Section |

◆ Immigration Bureau Foreign Resident General Information Center

※Japanese, English, Korean, Chinese, Spanish and other language support available

Enquiries related to immigration or foreign residency procedures:

TEL 0570-013904 (TEL 03-5796-7112)

Monday~Friday 8:30AM~5:15PM

◆ Nagoya Regional Immigration Bureau

TEL 052-559-2150 9AM~4PM (Closed Saturdays, Sundays, and national holidays)

◆ Nagoya Regional Immigration Bureau (Kanazawa Branch Office)

TEL 0762-22-2450 9AM~12PM, 1PM~4PM (Closed Saturdays, Sundays, and national holidays)

My Number System

Enquiries: Citizen Affairs Section TEL 0761-72-7881

The My Number System was started in October 2015. Foreign residents with Certificates of Residence (mid-length residents, special permanent residents) will be sent a notification of their My Number via mail by the city hall. To prevent fraudulent use of your My Number, be careful not to tell others your My Number unless absolutely necessary.



【Personal Identification Number Card】

Your Personal Identification Number Card has your My Number written on it, and can be used as a form of identification. You are required to submit an application at the city hall to receive a Personal Identification Number Card.

Registration and Verification of your Personal Stamp

Enquiries: Citizen Affairs Section TEL 0761-72-7881

In Japan, when buying land, a home, or a car, among other things, you need a special personal stamp. You must register your stamp at the city hall.

※Verification form (for partial copies of Family Registers, Certificates of Residence, and Personal Stamp Verification) issuing services are only available until 6:30PM on weekdays

General Matters of Daily Life

Residence (Municipal Housing)

■Enquiries: Architecture and Construction Section TEL 0761-72-7936

◆Municipal Housing

There are 6 municipal housing units in Kaga City. Please enquire at the city hall about the qualifications and procedures necessary to move in.

| Name of Housing Unit | Address | Name of Housing Unit | Address |
|---------------------------|---|----------------------|----------------------------------|
| Shingawa Housing | Kamifukuda-machi Daishoji, Kaga City | Katayamazu Housing | Katayamazu-machi, Kaga City |
| Ushiozu Apartment Complex | Ushiozu-machi, Kaga City | Shinohara Housing | Shinohara-machi, Kaga City |
| Shirasagi Housing | Uwabara-machi Yamanaka Onsen, Kaga City | Yamashiro Housing | 19-ku Yamashiro Onsen, Kaga City |

Separation and Disposal of Garbage

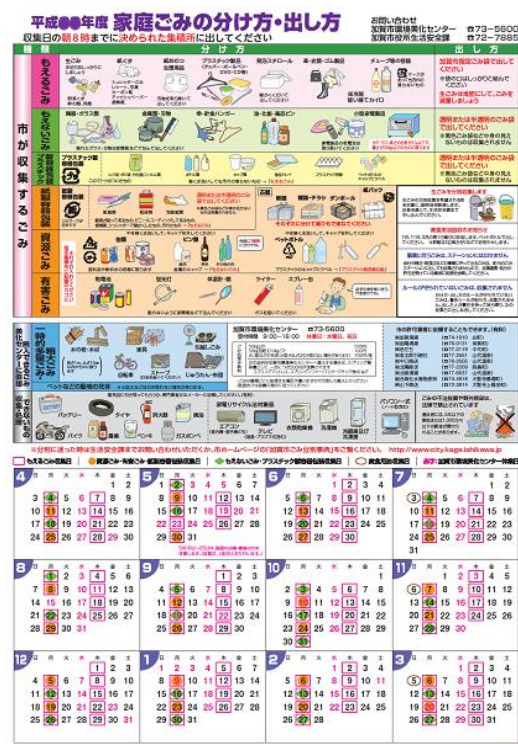
■Enquiries: Community Safety Section TEL 0761-72-7885

Each district in Kaga City has a different day of the week for garbage collection. Please refer to the Garbage Collection Calendar distributed by the city hall for the specific days and times for garbage pickup in your district. Please check with your landlord or neighbors for the garbage pickup location in your neighborhood. In Japan, there are strict and specific rules about how to separate different kinds of garbage. Please do your best as a citizen of the city to follow them.

Garbage Collection Calendar

●Burnable Garbage

Making sure to remove any excess



Designated Burnable Garbage Bags

45ℓ ¥500 20ℓ ¥250 10ℓ ¥125



moisture, place burnable garbage in the city's designated burnable trash bag, and place the bag at your nearest garbage pickup location. These bags are available for purchase at grocery stores and convenience stores.

●Large Garbage (Bulky Garbage)

Large pieces of garbage such as furniture, bicycles, stove heaters, rugs, and futons (Bulky Garbage) are not collected. Please dispose of them at the Environmental Beautification Center on your own. Some large items cannot be processed at the Center, so please refer to your Garbage Calendar to check the kinds of garbage you can dispose of at the Center beforehand.

◆ **Kaga City Environmental Beautification Center** (Kaga City Kumasaka-machi, Otsu-7-banchi-1) TEL 0761-73-5600

Water Utilities

■Enquiries: Customer Service Center for Water Rates TEL 0761-72-7951

Please contact city hall to start or stop water services.

●Payment for Usage

Usage of tap water and sewage disposal is paid for on a monthly basis. You can pay by bringing the bill to your bank or a convenience store, or set up automatic deductions from your bank account.



Taxes

■Enquiries: Taxation Section TEL 0761-72-7815

In Japan, there are National Taxes, Prefectural Taxes, and City/Town/Village Taxes. Foreign residents receiving a steady income and who have lived in Japan for more than a year are obligated to pay the same taxes as Japanese citizens.

【City ・ Prefectural Taxes】

This tax, levied by the city and prefecture, is based on your income in the previous year. The tax is to be paid to your city, town, or village of residence, calculating from January 1st. If you work at a company, it will be automatically deducted from your monthly paycheck. For those who do not have it automatically deducted, the city hall will send you a Tax Notification along with a tax payment form via post, which you can then take to a bank to pay. If you are leaving Japan permanently, please designate a tax representative, and inform the Kaga City Taxation Section once decided. Your tax payment form will then be sent by the city hall via post to your designated tax representative.

【Fixed Assets Tax】

Tax levied on any land or homes you own as of January 1st.

【Light Motor Vehicle Tax】

A tax levied on any light motor vehicles you may own in the city, calculating from April 1st. This tax applies to all vehicles regardless of condition. Only vehicles for which vehicle disposal forms have been submitted will not be taxed.

◆How to Make Payments

Kaga City will send out payment slips, which you must then pay at a bank or convenience store within the indicated period.

※If you do not pay within the indicated period, an additional late payment fee will be levied.

Childbirth and Child-Rearing



In Kaga City, when you give birth or are raising children, there are many forms of support available to you. When you find out that you are pregnant, please go to city hall to receive a Mother and Child Health Notebook.

Infertility Consultation

■Enquiries: Health Section TEL 0761-72-7866

If you have been trying to get pregnant for over one year with no success, you may be infertile. The Ishikawa Infertility Consultation Center provides infertility counseling services. Consultations can be conducted in person (reservation required), over phone, or via email.

Ishikawa Infertility Consultation Center TEL 076-237-1871

Email: funin@pref.ishikawa.lg.jp

Website <http://www.pref.ishikawa.jp/kosodate/05bishi/funin-soudan/>

Address 2-chōme-48 Kuratsukihigashi, Kanazawa, Ishikawa, Japan 920-8201

Ishikawa Medical Association/Japanese Red Cross Ishikawa Chapter, 1st
Floor

Infertility Treatment Subsidy Program/Miscarriage Treatment Subsidy Program

■Enquiries: Childcare Support Section TEL 0761-72-7856

In Kaga City, there are subsidies available to help offset some of the treatment costs for infertility or inability to carry a pregnancy to full term (including miscarriage and stillbirth).

Distribution of Mother and Child Health Notebooks

■Enquiries: Health Section TEL 0761-72-7866

When you find out that you are pregnant, please get yourself examined by a gynecologist. Please also turn in a Notification of Pregnancy form to the city hall's Health Section and collect your Mother and Child Health Notebook. The Notebook is used to record information about the mother's health and the child's examination results, as well as records of the child's vaccinations, so please be sure to keep it safe. Make sure to bring it with you for any medical examinations undertaken during your pregnancy, when your child gets vaccinations, or when

you visit a medical clinic or hospital. When you receive your Mother and Child Health Notebook, you will also receive consultation vouchers for a Pregnancy Examination, Childbirth Examination, and Infant Examination.

Midwifery Facility

■Enquiries: Childcare Support Section TEL 0761-72-7856

If you have a low income and cannot afford the regular medical costs of childbirth, you can use a midwifery facility.

Childbirth Preparation Care Provision Service

■Enquiries: Health Section TEL 0761-72-7866

If you are a registered resident of Kaga City, and over 16 weeks pregnant, you can receive a ¥10,000 subsidy for each fetus you are carrying. Please submit an application at the Health Section after your 16th week of pregnancy. You may also consult a nurse about any concerns you may have about your pregnancy during your application.

What to bring: Mother and Child Health Notebook, bank book, your personal stamp.

You can no longer apply for the subsidy 14 days after you give birth, so please apply while you are pregnant.

Economic Support at Time of Birth

■Enquiries: National Insurance and Pension Section TEL 0761-72-7860

Childbirth and Child-Rearing One-time Subsidy • Childbirth Compensation

To offset the medical costs incurred before and after childbirth, a one-off subsidy will be provided to you by your medical insurance.

※If you are covered under Social Insurance, please consult the relevant health and insurance person(s)-in-charge at your company for more information.

Pregnancy Examination

■Enquiries: Health Section TEL 0761-72-7866

A medical examination to check on the mother's health and for any irregularities with the child. Please bring along the Pregnancy Examination consultation voucher handed to you with your Mother and Child Health Notebook to your trusted medical service provider to receive the examination. In cases of prolonged pregnancies, pregnancy examinations taken after the expected due date (40 weeks of pregnancy) will be partially subsidized. Please consult the city hall's Health Section for further information.

Notification of Birth

■Enquiries: Citizens Affairs Section TEL 0761-72-7880

A notification form is to be submitted to the city hall within 14 days (inclusive of the day of birth) of your child's birth. Please bring along your child's Birth Certificate (to be filled out by your doctor), your Mother and Child Health Notebook, and your personal stamp with you.

Post-Childbirth Health Management

■Enquiries: Health Section TEL 0761-72-7866

Mothers will be required to go for a maternity health examination approximately a month after giving birth to check for any post-childbirth anomalies. Infants will also be required to undergo a health examination in the same period to check on their growth progress. Please bring along the Childbirth Examination and Infant Examination consultation vouchers handed to you with your Mother and Child Health Notebook to your trusted medical service provider to receive the respective examinations.

Infant Check-Ups

■Enquiries: Health Section TEL 0761-72-7866

In Kaga City, infant check-ups are performed at 4.5 months, 1 year 6 months, and 3 years 2 months of age. Notices will be sent to households with children reaching those ages. Please bring along your Mother and Child Health Notebook when you come in for a check-up.

Vaccinations

■Enquiries: Health Section TEL 0761-72-7866

Infants can receive free vaccinations against infectious diseases. Please bring along the vaccination voucher handed to you with your Mother and Child Health Notebook to your trusted medical service provider for your child to receive the vaccination.

Childbirth and Childcare Support

■Enquiries: Health Section TEL 0761-72-7866

In Kaga City, there are various programs to support parents through the childbirth and child-rearing processes, such as Papa and Mama Pregnancy Classes, New Mother and Infant Visits, Post-childbirth Family Helper Recruitment services, Post-childbirth Care Assistance, and Infant Classes. Please enquire at the city hall's Health Section for more details.

Child Medical Subsidies

■Enquiries: Childcare Support Section TEL 0761-72-7856

Subsidies are available to help cover medical costs for hospitalization or hospital visits for children up to 18 years of age.

※For infant illnesses, in addition to this program, there are many other publicly-funded medical care programs such as the Premature Infant Care Program, the Specific Pediatric Chronic Diseases Treatment Program, the Child-Rearing Medical Care Program, the Rehabilitation for Children with Disabilities Program, and more. For details, please enquire at the department above.

Subsidies for Children with Disabilities

■Enquiries: Welfare for Persons with Disabilities Section TEL 0761-72-7852

There are subsidies available to help cover the medical costs of children with mental or physical disabilities and the costs associated with raising such children. If you think your child may have a disability, please seek advice at the city hall as soon as possible.

Support Program for Single-Parent Families

■Enquiries: Childcare Support Section TEL 0761-72-7856

●Medical Cost Support for Single-Parent Families

Subsidies are available for children of single parents and the parent raising the child

●Child Support Subsidy

Program that supports single parents' livelihoods and assists them in raising their children

There are other programs available to assist single-parent families. For details, please contact the department above.

Child Support Subsidy

■Enquiries: Childcare Support Section TEL 0761-72-7856

For parents raising children who have yet to complete junior high school, this program provides a ¥5,000~¥15,000 monthly subsidy per child.

Premuim Passport

■Enquiries: Conference for the Promotion of Businesses that Support Child-Rearing

TEL 076-262-1530

For families with two or more children, you can receive a Premium Passport, which entitles you to discounts and special services at various businesses throughout the prefecture.

Child Safety Seat Sharing

■Enquiries: Childcare Support Section TEL 0761-72-7856

In Japan, it is required by law that children under six years of age be seated in a child safety seat when riding in a car. At the city hall, people who no longer need their child safety seats are put into contact with people who need them so that the seats can be re-used. Subsidies are also available for families interested in purchasing child safety seats upon the birth of the child.

Daycares and Certified Childcare Centers

■Enquiries: Childcare Support Section TEL 0761-72-7855

Daycares are facilities at which childcare professionals take care of children whose guardians have work, are ill, are due to give birth, or for whatever reason are unable to take care of their children during the day. Certified Child Centers are facilities that combine the functions of both a daycare and a kindergarten.

Special Childcare Services

■Enquiries: Childcare Support Section TEL 0761-72-7855

In order to respond to the needs of increasingly diverse families, daycares also offer special childcare services such as after-hours care, holiday and weekend care, and nighttime childcare.

Childcare Services for Ill or Recently Ill Children

■Enquiries: Ill and Recently Ill Childcare Center “Kamokko” TEL 0761-76-5179

This facility takes care of sick children aged 0 to 6 years old whose guardians are unable to take care of them due to work or other reasons.

◆Ill and Recently Ill Childcare Center “Kamokko”

| | |
|------------------|---|
| Location | Inside the Kaga Medical Center |
| Operating Hours | Monday to Friday 8:30AM~5:30PM |
| Cost of Services | ¥1,500 per day (includes lunch and snacks)、¥1,000 for half a day [less than 4 hours] (additional ¥500 charge for meal and snacks) ※Before and After Hours Care (7:30AM~8:30AM, 5:30PM~6:30PM) ¥300/hour (sessions exceeding 30min will be counted as an hour) |

After-School Kids Club

■Enquiries: Childcare Support Section TEL 0761-72-7856

A facility which supports the daily lives of working families by providing care for children (1st grade through 6th grade in elementary school) after school and over school holiday periods when their guardians are unable to be at home due to work or other reasons. Please contact the relevant kids clubs for further details on their services.

Temporary Childcare

■Enquiries: Childcare Support Section TEL 0761-72-7855

For pre-elementary school children not enrolled in daycares, temporary childcare services are available to assist guardians who are temporarily unable to care for their children due to illness or urgent matters. Fees are priced at ¥1,500~1,800 for one day of care (including meals), and half that for half a day of care. The details of this program may differ at private daycares.

Short-Term Childcare Support Program

■Enquiries: Childcare Support Section TEL 0761-72-7856

Childcare is available for children whose guardians are unable to care for them at night or on holidays or weekends due to sudden illness, emergencies, or work.

Children Center

■Enquiries: Childcare Support Section TEL 0761-72-7856

Children Centers are facilities where children can play. There are often fun events held for children as well.

| Name of Facility | Address | Phone Number |
|----------------------------|---|--------------|
| Daishoji Children Center | Daishoji Takajo-machi 57-1 | 0761-73-2802 |
| Yamashiro Children Center | Yamashiro Onsen Yo-22-2 | 0761-76-2405 |
| Katayamazu Children Center | Katayamazu Onsen Hi-19-1 | 0761-74-8513 |
| Iburihashi Children Center | Iburihashi-machi Ho-15-1 | 0761-74-7234 |
| Sakumi Children Center | Matsugaoka 1-chome 8-1 | 0761-72-8668 |
| Yamanaka Children Center | Yamanaka Onsen Nishi-Katsuragi-machi To-10-1 | 0761-78-3536 |

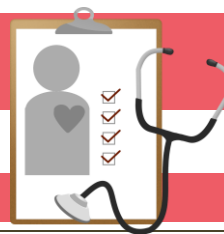
Schools

■Enquiries: Board of Education School Guidance Section TEL 0761-72-7975

Japan's education system consists of six years of elementary school, three years of junior high school, and three years of high school. Elementary and junior high education are mandatory. Public schools start in April, and finish in March of the next year. While residents with foreign citizenship are not required to go to school, they can enroll in Japanese elementary and junior high schools if so desired. If you wish to enroll your children in a local school, please apply at the city hall.



Illness and Health



Medical Insurance System

Enquiries: National Insurance and Pension Section TEL 0761-72-7860 (National Insurance)
TEL 0761-72-7867 (Elderly Healthcare)

The Medical Insurance System is a system in which participants regularly pay a set amount in taxes so that everyone can get medical care for illness or injuries without worrying about the cost. When you enter into the Medical Insurance System you will receive an Insurance Card. When you receive treatment or check-ups at hospitals or clinics, by showing your Insurance Card you will only have to pay 10-30% of the total cost. If you are not enrolled in the Medical Insurance System, you must pay the entirety of the cost yourself.

1. Social Insurance (Health Insurance through your employer)

Insurance that covers employees and their families. The cost of insurance is split 50-50 between the employer and the employee. Please check with your employer for further details.

2. National Health Insurance

Foreign nationals under 75 years of age who are not enrolled in Social Insurance and whose stay in Japan exceeds 3 months must enroll in National Health Insurance.

3. Latter-Stage Elderly Healthcare

Foreign nationals over 75 years of age whose stay in Japan exceeds 3 months must enroll in the Latter-Stage Elderly Healthcare system.

National Health Insurance - Latter-Stage Elderly Healthcare System

■Enquiries: National Insurance and Pension Section TEL 0761-72-7860 (National Insurance)
TEL 0761-72-7867 (Elderly Healthcare)

People whose stay in Japan exceeds 3 months must enter into either National Health Insurance or the Latter-Stage Elderly Healthcare System unless they meet any of the following criteria:

- People enrolled under Social Insurance via their employer (Note: employees over 75 years of age must be enrolled under the Latter-Stage Elderly Healthcare System)
- People on welfare assistance
- People who are in Japan to receive medical care or people with a Designated Activities visa who support the daily life activities of those people
- People who, under their home country's social security arrangement, do not adopt Japan's Medical Insurance System and instead use their home country's Medical Insurance System.

Furthermore, even if a person's actual stay in Japan is less than 3 months, it is sometimes possible

for those with an Entertainer, Technical Intern Training, Dependent, Official, or Designated Activities visa to enroll under the National Health Insurance or the Latter-Stage Elderly Healthcare System if they have documentation indicating a period of stay exceeding 3 months. Please consult the city hall's National Insurance and Pension Section for more information if this applies to you.

Long-Term Care Insurance System

Enquiries: Elderly Care Support Section TEL 0761-72-7853

A system of social support to ensure that elderly people requiring long-term nursing care are still able to lead independent lifestyles. Eligible persons are automatically enrolled once they reach 40 years of age, and can receive nursing care services once their need for long-term care has been recognized. Foreign residents whose stay in Japan exceeds 3 months are also covered by Long-Term Care Insurance.

National Pension

Enquiries: National Insurance and Pension Section TEL 0761-72-7861

The public pension system is set in place to provide pension money for when you grow old, become disabled, or lose your primary provider. There is a National Pension fund as well as a Public Welfare fund. People from 20 to 60 years of age with a Japanese address must pay into the National Pension fund regardless of citizenship.

If you are returning to your home country and fulfill **ALL** of the following conditions:

- Have been paying into the National Pension fund for at least six months
- Have submitted a Moving Out Notification to the City Hall, and
- Have obtained re-entry permission into Japan

You are eligible to apply for a lump-sum reimbursement for withdrawing from the pension program. Please consult the city hall for instructions on how to do so.

Notebooks for People with Disabilities


Enquiries: Welfare for Persons with Disabilities Section TEL 0761-72-7852

Notebooks for People with Disabilities are used as proof of your disability and are required when you utilize any Welfare Facilities. The type of notebook you will be given depends on the type and severity of your disability: for those with physical disabilities, there is the Physical Disability Notebook; for those with intellectual disabilities, there is the Rehabilitation Notebook; and for those with mental disabilities, there is the Mental Disability Insurance Welfare Notebook.

Medical Institutions

There are 6 hospitals and 41 clinics in Kaga City. When you go for a medical consultation, make sure to bring along your Insurance Card. If you do not bring your Insurance Card, you will have to bear the full cost of treatment.

◆ **Kaga Medical Center** TEL 0761-72-1188 Address : Kaga City, Sakumi-machi, Ri-36

| | | |
|---|--------------------------------|---|
|  | First-time appointments | 8:30AM~11:30AM |
| | Follow-Up appointments | 8:00AM~11:30AM |
| | Closed | Saturdays, Sundays, Public Holidays, December 29 th to January 3 rd |
| | Medical Departments | Cardiology, Respiratory Medicine, Endocrinology • Metabolic Medicine, Internal Medicine, Nephrology, Neurology, Gastroenterological medicine, Rheumatism Department, Digestive Surgery, Surgery, Breast Surgery, Colorectal Surgery, Orthopedic Surgery, Department of Obstetrics and Gynecology, Pediatrics, Ophthalmology, Ear Nose and Throat Department, Dermatology, Urology, Neurosurgery, General Medicine, Emergency Department, Radiology, Anesthesiology, Rehabilitation Department |

【Emergency Treatment on Weekends, Public Holidays, or at Night】

- Kaga City's Emergency Hospitals are the **Kaga Medical Center** and **Kudou General Hospital**.

Enquiries: Kaga Medical Center TEL 0761-72-1188

Kudou General Hospital TEL 0761-73-3312

- The **Medical Association of Kaga** also provides emergency medical treatment on Sundays and national holidays.

Enquiries: **Medical Association of Kaga** (Inside the Kaga Medical Center) TEL 0761-72-1188

- Minami-Kaga Emergency Medical Center also provides preliminary consultations for Internal Medicine and Pediatric conditions.

Enquiries : Minami-Kaga Emergency Medical Center TEL 0761-23-0099

Detailed information on the Minami-Kaga Emergency Medical Center can be found on the Kaga City official website (updated daily):

<https://www.city.kaga.ishikawa.jp/shoubouhonbu/tuushin/minamikagakyuukyuuiryou.html>

Health Check-Up

■Enquiries: Health Section TEL 0761-72-7865

In Kaga City, health and cancer check-ups are regularly conducted for the city's residents. The kind of check-up you can receive depends on various factors including your age, so please enquire at the city hall for further details.

Information on health and cancer check-ups are available on Kaga City's official website:
http://www.city.kaga.ishikawa.jp/folder/02welfare_3_1.html

Japanese Language Classes

■Enquiries: Tourism and Exchange Section TEL 0761-72-7906

Would you like to study Japanese with friends? Classes are available to help you improve your Japanese ability through daily conversation practice, writing kanji, reading school/daycare notices, and preparing for the Japanese Language Proficiency Test. Adults and children are both welcome.

Date and Time: Every Saturday 1:30PM to 3:00PM

Location: Kaga City Community Center (Across from City Hall)

Cost: ¥500/month ※¥3000 paid in advance for 6 months



Interpreter Services

◆Trio-Phone Telephone Counselling Service

The Ishikawa Foundation for International Exchange (IFIE) provides a phone interpreting service to help foreign residents who do not speak Japanese communicate their problems or issues to the relevant specialist organizations. This service is accessible via mobile phone as well. Call charges will be borne by the user of the service.

| | | |
|---|---|----------------------------|
| Ishikawa Foundation for International Exchange (IFIE) TEL 076-222-5950 | English, Chinese, Korean, Portuguese, Russian | 9:15AM - 5:15PM (weekdays) |
|---|---|----------------------------|

Other Medical Treatment Information

◆AMDA International Medical Information Center

The AMDA International Medical Information Center provides information about medical institutions with foreign language support, the Japanese medical welfare system, and the like over phone in various foreign languages. Free phone interpretation services for medical consultations are also available. AMDA International Medical Information Center's services are free of charge.

| | | |
|---|---|------------------------------|
| Tokyo Center TEL 03-5285-8088 | English, Chinese, Korean, Spanish, Thai | 9:00AM to 8PM (daily) |
| | Portuguese | 9AM to 5PM (Mon • Wed • Fri) |
| | Filipino | 1PM to 5PM (Wed) |
| | Vietnamese | 1PM to 5PM (Thurs) |
| Osaka Office TEL 050-3598-7574 | English, Chinese, Spanish | 9AM to 5PM (Mon-Fri) |

Other Information for Daily Living

◆Ishikawa Foundation for International Exchange <http://www.ifie.or.jp>

◆The Council of Local Authorities for International Relations (Multi-language Information for Daily Living) <http://www.clair.or.jp/tagengo/>

Emergencies and Disasters

Phone Number for Emergencies

◆ Accidents or Incidents

「110」 (available 24 hours a day)

If you witness or are involved in a traffic accident, theft, or any other crime, please dial 110.

Example : "Tasukete kudasai" (Help me)

"Koutsuu jiko desu" (There's been a traffic accident)



◆ Fire • Emergency Medical Services

「119」 (available 24 hours a day)

In the event of a fire, serious injury or sudden illness, please call 119.

Example : "Kyuukyuusha onegaishimasu" (Please send an ambulance)

"Kaji desu" (There is a fire)



Earthquakes

Earthquakes are very common in Japan. In the past, many lives have been lost due to earthquakes. You can never know when an earthquake will occur, so please always be prepared.



↑ 「Great Fukui Earthquake」 Hometown Photography Museum from the Hokkoku Newspaper
115th Year Anniversary

Save your life with this one-minute action (Shake Out):
Crouch down, get underneath a table, and stay still.



提供: 防災省・防災訓練と防災啓発協議会 <http://www.shakeout.jp/>

Evacuation Areas

When an earthquake happens and you feel you are in danger, please evacuate to one of the following designated evacuation areas. Please check with your neighbors to find out where the closest evacuation area to your home is located.

Evacuation Areas (Sports Grounds and Parks)

These are areas where you can temporarily find shelter in the event of a disaster.

| District | Name of Facility | Location | Phone Number |
|-----------|---|--|--------------|
| Daishoji | Kinjo Elementary School Sports Ground | Kaga City Daishoji Hachikenmichi 57 | 0761-72-0269 |
| | Kinjo-Higashi Elementary School Sports Ground | Kaga City Daishoji Shikiji Wa-13 | 0761-72-3234 |
| | Kinjo Junior High School Sports Ground | Kaga City Daishoji Jikata-machi 6-otsu-74-1 | 0761-72-1515 |
| | Kaga Gymnasium Parking Lot | Kaga City Daishoji Higashi-machi 2-chome 3-1 | 0761-73-2664 |
| | Daishoji High School Sports Ground | Kaga City Daishoji Naga-machi 33-1 | 0761-72-0054 |
| | Daishoji Vocational High School Sports Ground | Kaga City Kumasaka-machi Wo-77 | 0761-72-0715 |
| | Kaga Seijou High School Sports Ground | Kaga City Daishoji Baba-machi 28 | 0761-72-0297 |
| | Daishoji Tennis Court | Kaga City Daishoji Hachikenmichi 30-2 | - |
| | Daishoji “Kokutani-no-mori” Public Square | Kaga City Daishoji Jikata-machi 1-1-1 | - |
| Yamashiro | Yamashiro Elementary School Sports Ground | Kaga City Yamashiro Onsen Yamasedai 2-chome-44-1 | 0761-76-0146 |

| District | Name of Facility | Location | Phone Number |
|------------------|--|---|--------------|
| | Yamashiro Junior High School Sports Ground | Kaga City Uwano-machi E-45-2 | 0761-76-0044 |
| | Yamashiro Sports Ground | Kaga City Yamashiro Onsen Sanrin 16-1060 | - |
| | Shorai Park | Kaga City Yamashiro Onsen Sanrin 16-1060 | - |
| | Kikyogaoka Public Square | Kaga City Yamashiro Onsen Kikyogaoka 3-chome-47-2 | - |
| | Kaga City Cultural Hall Parking Lot | Kaga City Yamashiro Onsen Hokubu 2-chome-68 | 0761-77-2811 |
| Bessho | Midorigaoka Park | Kaga City Bessho-machi Shikki-danchi 10-4 | |
| Sho | Sho Elementary School Sports Ground | Kaga City Sho-machi Wa-101-1 | 0761-74-1199 |
| Chokushi | Chokushi Elementary School Sports Ground | Kaga City Chokushi-machi-24 | 0761-76-0709 |
| Higashitaniguchi | Higashitaniguchi Elementary School Sports Ground | Kaga City Mizutamaru-machi Nu-36-1 | 0761-76-0805 |
| Katayamazu | Katayamazu Elementary School Sports Ground | Kaga City Katayamazu-machi Su-hei-21 | 0761-74-1159 |
| | Katayamazu Onsen Yunogawa Public Square | Kaga City Katayamazu Onsen Otsu-56-5 | - |
| | Katayamazu Junior High School | Kaga City Ushiozu-machi | 0761-74-1154 |

| District | Name of Facility | Location | Phone Number |
|------------|--|------------------------------------|--------------|
| | Sports Ground | Re-1-1 | |
| | Shibayamagata Lakeside Park | Kaga City Ushiozu-machi I-106 | - |
| | Katayamazu Baseball Diamond | Kaga City Ushiozu-machi So-1 | - |
| | Kaga City Softball Diamond | Kaga City Ushiozu-machi So-1 | - |
| Sakumi | Sakumi Elementary School Sports Ground | Kaga City Sakumi-machi Na-154 | 0761-74-0164 |
| | Kaga City Central Park | Kaga City Yamada-machi Ri-245-2 | 0761-73-1220 |
| Kinmei | Kinmei Elementary School Sports Ground | Kaga City Shiohama-machi 104 | 0761-74-1861 |
| Kohoku | Kohoku Elementary School Sports Ground | Kaga City Shibayama-machi Hi-92-1 | 0761-74-0369 |
| Iburihashi | Iburihashi Elementary School Sports Ground | Kaga City Iburihashi-machi He-1-1 | 0761-74-1524 |
| | Towa Junior High School Sports Ground | Kaga City Iburihashi-machi Ne-54-1 | 0761-74-0279 |
| | Kaga High School Sports Ground | Kaga City Iburihashi-machi Mu-53-1 | 0761-74-5044 |
| | Iburihashi Sports Ground | Kaga City Iburihashi-machi Na-14-1 | - |
| Bungyou | Bungyou Elementary School Sports Ground | Kaga City Uchikoshi-machi Ni-22 | 0761-74-1550 |

| District | Name of Facility | Location | Phone Number |
|----------------|---|--|------------------------------|
| Hashitate | Hashitate Elementary School Sports Ground | Kaga City Oshio-machi Ro-1 | 0761-75-2111 0761-75-2112 |
| | Kurosaki Multipurpose Square | Kaga City Kurosaki-machi Me-23 | - |
| | Hashitate Nature Park | Kaga City Hashitate-machi Minami 1 | - |
| Miki | Miki Elementary School Sports Ground | Kaga City Miki-machi Ni-98-1 | 0761-72-1773 |
| Mitani | Mitani Elementary School Sports Ground | Kaga City Sosori-machi Ni-hei-73 | 0761-72-1771 |
| Nango | Nango Elementary School Sports Ground | Kaga City Suisaka-machi Ya-26 | 0761-72-1894 |
| Shioya | Midorigaoka Elementary School (defunct) Sports Ground | Kaga City Daishoji Segoe-machi Shioya-sakaiyama 1-1 | - |
| Yamanaka Onsen | Yamanaka Onsen Yukemuri Health Village Parking Lot | Kaga City Yamanaka Onsen Kohrogi-machi i-19 | 0761-78-5546 |
| | Yamanaka Elementary School Sports Ground | Kaga City Yamanaka Onsen Ueno-machi Ru-15-9 | 0761-78-0441 |
| | Yamanaka Baseball Stadium | Kaga City Yamanaka Onsen Higashi-Katsuragi-machi Nu-11-2 | - |
| Kawaminami | Yamanaka Junior High School Sports Ground | Kaga City Yamanaka Onsen Uwabara-machi | 0761-78-1134 |

| District | Name of Facility | Location | Phone Number |
|-------------|--|---|--------------|
| | | To-Ko-1-1 | |
| | Kawaminami Elementary School Sports Ground | Kaga City Yamanaka Onsen Nakada-machi Ni-25-1 | 0761-78-0836 |
| | Yamanaka Kenmin Gymnasium Sports Ground | Kaga City Yamanaka Onsen Kamiyadai 2-chome-2 | 0761-78-5510 |
| | Kawaminami Public Square | Kaga City Yamanaka Onsen Haseda-machi Ro-340 | - |
| Nishitani | Enex Co. Ltd. Kaga Factory (a section of the factory grounds) | Kaga City Yamanaka Onsen Sugatani-machi Ni-32 | - |
| Higashitani | Sports Ground of defunct Nakatsuhara Daycare (defunct) Sports Ground | Kaga City Yamanaka Onsen Nakatsuhara-machi Ha-5-1 | - |
| | Higashitani Agricultural Village Park | Kaga City Yamanaka Onsen Nakatsuhara-machi Chi-1 | - |
| | Higashitani Lifestyle Improvement Center Public Square | Kaga City Yamanaka Onsen Aratani-machi To-20 | - |

※Depending on the scale and nature of the disaster, municipal parks may also be used as evacuation areas in addition to the above locations.

Evacuation Housing Facilities (Schools, Gymnasiums)

Facilities that can be used as temporary housing when one's home is no longer safe to live in or destroyed.

| District | Name of Facility | Location | Phone Number |
|-----------|--|---|--------------|
| Daishoji | Kinjo Elementary School | Kaga City Daishoji Hachikenmichi-57 | 0761-72-0269 |
| | Kinjo-Higashi Elementary School | Kaga City Daishoji Shikiji Wa-13 | 0761-72-3234 |
| | Kinjo Junior High School | Kaga City Daishoji Jikata-machi 6-otsu-74-1 | 0761-72-1515 |
| | Daishoji Center for Children and the Elderly | Kaga City Daishoji Takajo-machi 57-1 | 0761-73-2802 |
| | Kaga Gymnasium | Kaga City Daishoji Higashi-machi 2-chome 3-1 | 0761-73-2664 |
| | Daishoji High School | Kaga City Daishoji Naga-machi 33-1 | 0761-72-0054 |
| | Daishoji Vocational High School | Kaga City Kumasaka-machi Wo-77 | 0761-72-0715 |
| | Kaga Seijo High School | Kaga City Daishoji Baba-machi 28 | 0761-72-0297 |
| | Sports Center | Kaga City Yamada-machi Ri-245-2 | 0761-73-3939 |
| | Daishoji District Hall | Kaga City Daishoji Kyo-machi 1 | 0761-72-0463 |
| | Kaga Exchange Plaza Sakura | Kaga City Daishoji Hachikenmichi-65 | 0761-72-7845 |
| Yamashiro | Yamashiro Elementary School | Kaga City Yamashiro Onsen Yamasedai-2-chome 44-1 | 0761-76-0146 |

| District | Name of Facility | Location | Phone Number |
|------------------|---|--|--------------|
| | Yamashiro Junior High School | Kaga City Uwano-machi E-45-2 | 0761-76-0044 |
| | Yamashiro Center for Children and the Elderly | Kaga City Yamashiro Onsen Yo-22-2 | 0761-76-2405 |
| | Kaga Cultural Hall | Kaga City Yamashiro Onsen Hokubu-2-chome-68 | 0761-77-2811 |
| | Yamashiro District Hall | Kaga City Yamashiro Onsen Yamasedai 1-chome-60 | 0761-76-0018 |
| Bessho | Bessho District Hall | Kaga City Bessho-machi Shikki-danchi 10-3 | 0761-77-2041 |
| Sho | Sho Elementary School | Kaga City Sho-machi Wa-101-1 | 0761-74-1199 |
| | Sho District Hall | Kaga City Sho-machi Wa-142-1 | 0761-75-3349 |
| Chokushi | Chokushi Elementary School | Kaga City Chokushi-machi 24 | 0761-76-0709 |
| | Chokushi District Hall | Kaga City Chokushi-machi Nu-24-1 | 0761-77-4890 |
| Higashitaniguchi | Higashitaniguchi Elementary School | Kaga City Mizutamaru-machi Nu-36-1 | 0761-76-0805 |
| | Higashitaniguchi District Hall | Kaga City Mizutamaru-machi Chi-12 | 0761-76-1172 |
| Katayamazu | Katayamazu Elementary School | Kaga City Kayayamazu-machi Su-hei-21 | 0761-74-1159 |
| | Katayamazu Junior High | Kaga City Ushiozu-machi | 0761-74-1154 |

| District | Name of Facility | Location | Phone Number |
|------------|--|------------------------------------|--------------|
| | School | Re-1-1 | |
| | Katayamazu Center for Children and the Elderly | Kaga City Katayamazu Onsen Hi-19-1 | 0761-74-8513 |
| | Katayamazu District Hall | Kaga City Katayamazu Onsen 7-1-1 | 0761-74-0350 |
| Sakumi | Sakumi Elementary School | Kaga City Sakumi-machi Na-154 | 0761-74-0164 |
| | Sakumi Children's Center | Kaga City Matsugaoka 1-chome-8-1 | 0761-72-8668 |
| | Sakumi District Hall | Kaga City Sakumi-machi Yo-36-1 | 0761-75-3359 |
| Kinmei | Kinmei Elementary School | Kaga City Shiohama-machi 104 | 0761-74-1861 |
| | Kinmei District Hall | Kaga City Shiohama-machi 105 | 0761-74-2828 |
| Kohoku | Kohoku Elementary School | Kaga City Shibayama-machi Hi-92-1 | 0761-74-0369 |
| | Kohoku District Hall | Kaga City Shibayama-machi Mo-33 | 0761-75-4014 |
| Iburihashi | Iburihashi Elementary School | Kaga City Iburihashi-machi He-1-1 | 0761-74-1524 |
| | Towa Junior High School | Kaga City Iburihashi-machi Ne-54-1 | 0761-74-0279 |
| | Kaga High School | Kaga City Iburihashi-machi Mu-53 | 0761-74-5044 |
| | Iburihashi Children's | Kaga City Iburihashi-machi | 0761-74-7234 |

| District | Name of Facility | Location | Phone Number |
|-----------|---|---|------------------------------|
| | Center | Ho-15-1 | |
| | Iburihashi District Hall | Kaga City Iburihashi-machi Ho-15-1 | 0761-74-1529 |
| Bungyo | Bungyo Elementary School | Kaga City Uchikoshi-machi Ni-22 | 0761-74-1550 |
| | Bungyou District Hall | Kaga City Bungyou-machi 68-2 | 0761-74-1831 |
| Hashitate | Hashitate Elementary and Junior High School | Kaga City Oshio-machi Ro-1 | 0761-75-2111 0761-75-2112 |
| | Kurosaki Elementary School (defunct) | Kaga City Kurosaki-machi Me-23 | 0761-75-2019 |
| | Hashitate District Hall | Kaga City Hashitate-machi Ro-357 | 0761-75-2944 |
| Miki | Miki Elementary School | Kaga City Miki-machi Ni-98-1 | 0761-72-1773 |
| | Miki District Hall | Kaga City Miki-machi Ni-126-1 | 0761-72-1772 |
| Mitani | Mitani Elementary School | Kaga City Sosori-machi Ni-hei-73 | 0761-72-1771 |
| | Mitani District Hall | Kaga City Sou-machi Ho-7 | 0761-72-1762 |
| Nango | Nango Elementary School | Kaga City Suisaka-machi Ya-26 | 0761-72-1894 |
| | Nango District Hall | Kaga City Shimokawasaki-machi He-102 | 0761-73-2642 |
| Shioya | Midorigaoka Elementary | Kaga City Daishoji | 0761-73-8003 |

| District | Name of Facility | Location | Phone Number |
|-------------------|---|---|--------------|
| | School (defunct) | Segoe-machi Shioya-sakaiyama 1-1 | |
| | Shioya District Hall | Kaga City Shioya-machi i-29-1 | 0761-73-8001 |
| Yamanaka Onsen | Yamanaka Onsen Yukemuri Health Village | Kaga City Yamanaka Onsen Kohrogi-machi i-19 | 0761-78-5546 |
| | Yamanaka Elementary School | Kaga City Yamanaka Onsen Ueno-machi Ru-15-9 | 0761-78-0441 |
| Kawaminami | Yamanaka Junior High School | Kaga City Yamanaka Onsen Uwabara-machi To-ko-1- 1 | 0761-78-1134 |
| | Kawaminami Elementary School | Kaga City Yamanaka Onsen Nakada-machi Ni-25-1 | 0761-78-0836 |
| | Kawaminami District Hall | Kaga City Yamanaka Onsen Haseda-machi Ri-391 | 0761-78-5021 |
| Nishitani | Elderly Center Miyama | Kaga City Yamanaka Onsen Sugatani-machi He-80 | 0761-78-1812 |
| | Nishitani District Hall | Kaga City Yamanaka Onsen Sugatani-machi He-45 | 0761-78-1251 |
| Higashitani | Nakatsuhara Daycare (defunct) | Kaga City Yamanaka Onsen Nakatsuhara-machi Ha-5-1 | - |
| | Higashitani Lifestyle Improvement Center | Kaga City Yamanaka Onsen Aratani-machi To-20 | - |
| | Higashitani District Hall | Kaga City Yamanaka Onsen Nakatsuhara-machi Ha-124-1 | 0761-78-0111 |

※Depending on the scale and nature of the disaster, neighborhood gathering areas may also be used as emergency housing in addition to the above locations.

Evacuation Drills

Evacuation drills are regularly organized by the Neighborhood Associations of each district. Foreign residents are also highly encouraged to take part in these sessions.

Staying Prepared

●Disaster Preparedness Guidebook for Foreign Residents

Please read carefully the **Disaster Preparedness Guidebook for Foreign Residents** for the knowledge you need to survive in the event of a disaster



●Talk About Disaster Preparedness with Your Family

Talk with your family about the kinds of natural disasters you might encounter in your neighborhood, as well as the safe and potential danger spots in your home.

Discuss evacuation plans with your family, such as how you will contact each other and which evacuation area to go to in the event of a disaster.



●Emergency Supply Bag

Prepare a backpack with the following supplies that you can take with you at a moment's notice in the event of a disaster.

- Radio • Pocket flashlight with extra batteries
- Water bottle
- Emergency rations (Ready-to-eat food, canned food that **do not** require a can opener to snacks, hard candy)
- Clothing, underwear, towels
- Valuables, identification, money
- Medicine



Tsunami

In the event of an earthquake, it is possible that a tsunami might follow. It is estimated that if an earthquake were to occur along the coastline near Kaga, it would take approximately ten minutes for a tsunami to reach the shore. If there is a possibility of a tsunami, immediately evacuate to higher ground.

Floods・Windstorms

In recent years, abnormally high rainfall has been increasing in frequency, and has been causing significant damage in various regions across the country.

In the event of heavy rain or strong winds, please listen carefully to radio or television emergency broadcasts and follow any evacuation instructions.

Landslides

If there are any warning signs of a potential cliff collapse, landslide, or mudflow, evacuate as soon as possible.

※Warning signs include: falling cliff rocks, strong water flows off a cliff, cracks in the cliff face, etc.